

# Fit India Freedom Run 2.0



The Ministry of Youth Affairs and Sports, Government of India has planned the "Fit India Freedom Run 2.0" to commemorate "Azadi Ka Amrit Mahotsav" from 13th August to 2nd October. As part of this program a 3 km run was conducted on the 24th of September 2021 for the staff of ICAR-CIFT. The venue was the Cochin Port Trust walkway. 46 staff members participated in the run which was flagged off by Dr. Ashok Kumar, Head Fish Processing Division.

