International Women’s Day (IWD) was celebrated at ICAR-CIFT, Cochin to uphold this year’s IWD theme of ‘I am Generation equality: Realizing women’s rights’ i.e., ‘#Each for Equal’. The celebration was started with series of women centric programmes at the institute.

A workshop on ‘Cake making’ was organized for the women staff of ICAR-CIFT, Cochin on 2 March, 2020. More than 50 women staff attended the programme. The programme ended with the cake cutting ceremony with the Director, Dr. Ravishankar. C. N.

A special photo shoot of ICAR-CIFT, Cochin staff was arranged on 3 March, 2020 to uphold the IWD’s theme on ‘Gender Equality’.
IWD celebration at ICAR-CIFT, Cochin

International Women’s Day celebration at ICAR-CIFT, Cochin was presided over by Dr. Ravishankar C. N., Director, ICAR - Central Institute of Fisheries Technology, Cochin. He appreciated the contribution of women staff to ICAR-CIFT and highlighted the women’s role in the day-to-day activities. Dr. Pe. Jeyya Jeyanthi, Liaison Officer, Institute Women’s Cell welcomed the audience. Smt. Muthumani Somasundaran, Cine actor was the chief guest for the International Women’s Day celebration of ICAR-CIFT, Cochin. She emphasized on the inclusiveness of women in the overall development towards ensuring gender equality. Dr. Vasudevappa, Vice-Chancellor, National Institute of Food Technology Entrepreneurship and Management (NIFTEM) and Dr. Bhaskar, N, Advisor, Food Safety and Standards Authority of India (FSSAI0 were the Guest of Honors. Dr. Vasudevappa expressed his concern towards encouraging women in all sphere of life. Dr. Bhaskar. N highlighted the women rights and responsibilities in the gender equal world. Dr. Binsi, P. K, Member, Institute Women’s Cell, ICAR-CIFT proposed the vote of thanks. During the function, two women staff viz., Smt. Leena. N and Smt. Sasikala. K.G. who are getting retired in the year 2020-21 were felicitated.

A video showing women cell activities during the year 2019-2020 was screened. The function came to an end with the graceful classical performance by the staff of ICAR-CIFT, Cochin. And the programme was concluded with national anthem.
The IWD celebration at ICAR-CIFT, Cochin has been publicized in the local newspaper Mathrubhumi (Malayalam).

Mathrubhumi, Kochi dated 7 March, 2020

**International Women’s Day Celebration at Research Centres of ICAR-CIFT, Veraval**

International women’s day was celebrated at Veraval research centre of ICAR-CIFT. Smt Manjulaben Suyani, President, Veraval-Patan Joint Municipality was the chief guest. Dr. Prajith K.K, Scientist-in-Charge, was presided over the function. Smt Solanki Hansa K, Vice-President, Sagar Manthan Machhimaar Uthhan Mandal gave felicitation speech and expressed her sincere thanks to CIFT women scientists and staff for their continuous support and services for teaching innovative seafood products. Smt. Manjulaben Suyani inaugurated the function by cutting the cake along with all the women staffs of the centre.
Smt. Manjulaben Suyani addressing the audience

Women’s day celebration at Veraval RC of ICAR-CIFT

VRC also conducted an Elocution competition on the topic ‘Most influential women in our life’ and Slogan competition on ‘Women empowerment’ for the staffs of the centre. Prizes for the winners were distributed during the programme. Smt Shikha Rahangdale Scientist, CMFRI delivered a talk on ‘Working women and Family responsibilities’. Cultural programmes also conducted by the staffs of the centre. Dr. Anupama T.K welcomed the chair and Smt Nimmy S Kumar proposed vote of thanks.

International Women’s Day Celebration at Research Centres of ICAR-CIFT, Visakapattnam

Visakhapatnam Research Centre of ICAR-Central Institute of Fisheries Technology celebrated International women’s day. Dr. U. Sreedhar, Principal Scientist addressed the staff and highlighted the significance of celebrating International women’s day. He also appreciated all the women staff of Visakhapatnam RC of ICAR-CIFT for the dedication and hard work that plays a significant role in the institute’s achievements. Dr. B. Madhusudana Rao, Principal Scientist stressed the importance of gender equality in society. Dr. Viji P. and Dr. Jesmi Debbarma addressed that women in all field should know their right to defend themselves and be careful against crimes against women. They also highlighted the importance of bringing up a future generation who can develop solutions for the major disparities between men and women.
International Women’s Day Celebration at Research Centres of ICAR-CIFT, Mumbai

International women’s day was celebrated at MRC of ICAR-CIFT. Dr. L. Narasimhamurthy, Principal scientist and Scientist -In-Charge highlighted the importance of women’s day celebration and theme of the year. All staffs are actively involved in the celebration and brought their respective state traditional foods which was prepared by them at home and were distributed to all staffs. Dr. Jeyakumari, Scientist made presentation on ‘National and International Women achievers in various fields’. The programme was concluded with the remarks of Dr. L. Narasimhamurthy, Scientist-in-Charge.